



## Things to Bring (Proper Gear)

We look forward to having you at our Raised At Full Draw Camp this year! The following information will ensure that you will have everything you need at camp this year: **\*\*\*PLEASE LABEL ALL GEAR WITH FIRST AND LAST NAME\*\*\***

- Medications – (no glass please) - these will need to be checked in with the camp nurse at check-in
- jacket for mornings and evenings
- Hiking Boots or Sturdy, CLOSED-TOED shoes for being outside
- Rain gear
- Camp chair
- Insect repellent, Sunscreen, Lip balm

## Optional Items

- Archery equipment ie Bow, arrows, hip/quiver, release etc.  
(If you are bringing your own bow, please have it in a case. Including all accessories, finger tab/release, arrows with field points, NO broad heads allowed)
- 12 matching arrows (if you are bringing own archery equipment)
- Compass
- GPS unit
- Daypack (used to carry water and snacks around camp and 3D trail)
- Personal Game Calls
- Camera

## CANCELLATION

All cancellations must be made six weeks prior to the camp start date. Cancellations after six weeks will be considered donations to camp and are non-refundable. Emergency cancellations will be considered and reviewed on a case by case situation.

## ARRIVAL AND DEPARTURE

**\*\*\*NO CAMPER/FAMILIES WILL BE ALLOWED INTO CAMP PRIOR TO 7:30 am, each morning.** Check in will be from 7:30am to 8:00am each morning. Campers need to stop at the check-in table when they arrive each morning. All medications and special accommodations will be reviewed if they have meds during the day.

Lunch, drinks and snacks will be provided during the time they are with us. Campers can be picked up any time after 5:00pm and no later than 5:30pm each day.

## ADDRESS

NISHU Archery Complex  
1409 Riverwood Drive in Bismarck

## **RAFD - RULES AND POLICIES**

### **THE FOLLOWING ITEMS ARE NOT ALLOWED AT CAMP**

- Electronics (video games, iPods, etc.) Cell phones will be allowed, but will be checked in at the beginning of camp. Phones will be checked out for limited use to make contact with family at specified times during camp.
- Alcohol, tobacco, or drugs of any kind. NO knives or leathermans, firearms, short shorts, Low-cut or cropped tops
- Showers are provided, even though inside, kids may feel more comfortable showering with a bathing suit on (this is the only place bathing suits will be permitted).
- RAFD camp does not have a dress code. However, if we feel that clothing is inappropriate in any way, we may ask the clothing to be changed. If the camper disagrees they can be asked to be excused from camp.

### **BEHAVIORAL EXPECTATIONS**

- No bullying, name calling, or foul language.
- Respect your peers, volunteers and property.
- Use the buddy system. Stay in groups of at least 3 people.
- We need to be very respectful of the land we are on, therefore we ask that campers clean up after themselves and after each other. Especially around the area we will .

All campers are expected to behave in a respectful manner while at camp. If at any point a child has broken the camp rules or demonstrates unacceptable behavior, they may be sent home from camp. Please alert the RAFD staff and volunteers of any issues that may arise. We understand that kids may get homesick, but we will not allow phone calls to home except during specified times, or in case of an emergency. Volunteers/Supervisors will be available around the clock, if needed.

### **ZERO TOLERANCE FOR THE FOLLOWING BEHAVIORS (CAN BE SENT HOME IMMEDIATELY)**

- NO male/female physical conduct
- Fighting or harassment of any kind
- **Unsafe handling of archery equipment. At NO times should others be in harm due to careless behavior.**
- Alcohol, tobacco, or drug use
- For all other infractions volunteers are trained to discipline in a "three strikes" manner.
- Strike 1: Volunteers will document the situation and talk to the camper. They will be informed of what they did was wrong and why. In some cases, the camper may be asked to sit out of an activity for a period of time.
- Strike 2: Again, the volunteer will document the incident. At this time, the camper and volunteer may draft a behavior agreement where they discuss the problem and list ways to correct the problem as well as the consequences of further misconduct. This document will be signed by both the camper and the volunteer.
- Strike 3: The camper's parents will be notified that the child must be picked up as soon as possible and not be returned to camp.

### **MEDICATION/SPECIAL NEEDS**

Any medication must be checked in when participants arrive each morning. Please indicate any special instructions at that time. In certain cases, the camp nurse may be in contact with you prior to camp if the camper's registration indicated that special accommodations may be needed. If you have any questions or concerns, please contact the RAFD prior to camp.

Any camper with dietary restrictions that may need to bring their own food must check those items in at check in each morning. Those items will be stored securely in the kitchen area.

Questions or Comments please contact North Dakota Host Family  
John Arman: (701) 391-2438 or [jarman@teamuoa.com](mailto:jarman@teamuoa.com)

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